

2017 Key Messages

- **METHYLPREDNISOLONE (INJECTABLE) CONTAINING COW'S MILK DERIVED LACTOSE AS EXCIPIENT:** In patients who are allergic to cow's milk proteins, it can originate symptoms that can be mistaken for worsening of the **hypersensitivity** condition for which it is being used. If, during treatment of an acute allergic condition with these injectables, symptoms worsen or new allergic manifestations appear, the methylprednisolone injectable should be discontinued and adequate treatment given.

[Bulletin 9-2017](#)

RISK OF INFECTION

- **DAAV (direct acting antivirals):** Due to risk of reactivation, **testing for hepatitis B virus** is recommended at the start of treatment for hepatitis C.

[Bulletin 1-2017](#)

- **BRENTUXIMAB VEDOTIN:** Potentially serious infections can occur while on this monoclonal antibody, including **cytomegalovirus reactivation**.

[Bulletin 7-2017](#)

- **TEMOZOLAMIDE (TMZ):** Though uncommonly, serious cases of **herpetic meningoencephalitis** can supervene in patients on this alkylating agent.

[Bulletin 7-2017](#)

- **METHYLPHENIDATE** can be associated with the occurrence of **priapism**.

[Bulletin 2-2017](#)

- **LOPERAMIDE:** QT interval prolongation, torsades de pointes, other serious ventricular arrhythmias and cardiac arrest can occur with excessive doses (**abuse or misuse**) of this medicine.

[Bulletin 5-2017](#)

PREGNANCY

- **FLUCONAZOLE:** On account of a possible increase in the risk of abortion and stillbirths, the use of this antifungal agent should be reserved for exceptional situations.

[Bulletin 4-2017](#)

- **VANCOMYCIN:** **New recommendations for use** in the treatment of serious infections caused by Gram-positive bacteria.

[Bulletin 11-2017](#)

- **MACROLIDES and ACETAZOLAMIDE:** They may be associated with **acute generalized exanthematic pustulosis**.

[Bulletin 12-2017](#)

- **VITAMIN K ANTAGONISTS:** Calciphylaxis can occur not only with warfarin, but also with other coumadin anticoagulants.

[Bulletin 3-2017](#)

INTERACTIONS

- **FLUCLOXACILLIN AND HIGH DOSES OF PARACETAMOL:** Especially in patients with serious renal impairment, malnutrition or sepsis, this therapeutic combination may very rarely be associated with the occurrence of **high anion gap metabolic acidosis** (HAGMA).

[Bulletin 12-2017](#)

- **GABAPENTIN AND CENTRAL NERVOUS SYSTEM DEPRESSORS, SUCH AS OPIOIDS:** Respiratory depression can rarely occur, especially in patients with respiratory, neurological or renal compromise and/or elderly.

[Bulletin 10-2017](#)

- **LEFLUNOMIDE / TERIFLUNOMIDE:** Can cause **falsely decreased ionized calcium** levels. In case of doubt, total albumin levels should be determined.

[Bulletin 8-2017](#)

INDEX CARD

Director: Fátima Canedo

Editor: Rui Pombal

Contributors: Ana Sofia Martins, António Leandro Ponte, Cristina Mousinho, Elsa de Fátima Costa, Fátima Bragança, Fátima Hergy, Leonor Nogueira Guerra, Magda Pedro, Márcia Silva, Sílvia Duarte, Vanda Araújo

Publishing Assistant: Inocência Pinto

Advisory Board: Conselho Diretivo do INFARMED, I.P. – Comissão de Avaliação de Medicamentos
INFARMED – Autoridade Nacional do Medicamento e Produtos de Saúde, I.P.
Parque de Saúde de Lisboa, Av. do Brasil, N.º 53, 1749-004 Lisboa

Phone: +351 217 987 100

E-mail: infarmed@infarmed.pt

Design and production: Letras & Sinais, Comunicação e Imagem, Lda.
ISSN: 0873-7118



REPÚBLICA
PORTUGUESA
SAÚDE



SNS
SERVIÇO NACIONAL
DE SAÚDE



Infarmed 25+
Autoridade Nacional do Medicamento
e Produtos de Saúde, I.P.

Alerts and News at the Infarmed website

LinkedIn

Twitter

Facebook

For news and publications,
just use thirty seconds of your time
and register [here!](#)

Ulipristal (Esmya®) cases of serious liver injury



Quick Read

Due to a risk of serious liver injury, and pending the results of a risk-benefit assessment by the European Medicines Agency, a set of temporary risk minimization measures has been designed (highlighted below).

Ulipristal acetate acts directly in the endometrium as a synthetic selective progesterone receptor modulator. It has a partial antagonistic effect on tissue-specific progesterone. It is indicated in pre-operative and intermittent treatment of moderate to serious symptoms from uterine myomas in adult women of childbearing age. Ulipristal reduces the size of myomas by inhibiting cell proliferation and inducing apoptosis.

The European Medicines Agency (EMA) is undertaking a safety review of Esmya® following reports of serious liver injury, including cases of acute liver failure requiring a transplant. As soon as this review is concluded the final results will be disseminated and the recommendations for use updated. Meanwhile, to better protect patients and pending the results of the assessment, the following temporary measures have been agreed upon:

- Treatment with Esmya® should not be started in new patients or in patients who have concluded a treatment cycle.
- In patients on Esmya®, liver function should be monitored at least monthly and 2-4 weeks after treatment discontinuation.
- Should a patient develop signs or symptoms suggestive of hepatic injury, her condition should be immediately assessed and liver function tests undertaken. Patients on Esmya® who present with transaminase levels > 2 times the upper limit of normal should have their treatment discontinued and be closely followed (for nausea, vomiting, right hypochondrium pain, anorexia, lethargy, jaundice, etc.).

Sílvia Duarte



Portal **RAM**

Notificação de Reações Adversas
a Medicamentos

Report an adverse drug reaction [here](#).

**Find answers to your questions
about the ADR Portal [here](#).**

Educational Materials published in the Infomed product information [webpage](#)

Click on the links.



INN Medicinal product	Target	Materials Online publication date
Adalimumab Humira	Patients and/or caregivers	Administration guide (pen) (to be handed out by the healthcare professional) 23-01-2018
Adrenaline Epipen	Physicians: pneumologist, paediatrician, and allergy specialist prescribers.	Checklist
	Patients and/or caregivers	Educational brochure (to be handed out by the prescribing physician) 30-01-2018
Aflibercept Eylea	Physicians: experienced in intravitreal injection and who prescribe and administer <i>Eylea</i> .	Safety information 03-01-2018
Avelumab Bavencio	Physicians: oncology department directors and oncologists or groups of oncologists designated by oncology department directors.	Frequently asked questions
	Patients	Information brochure Alert card (to be handed out by the healthcare professional) 23/01/2018
Daptomycin Cubicin	Physicians: internal medicine, intensive care, surgery, infectious diseases, paediatrics, cardiology and dermatology specialists.	Posology guide 04-01-2018
Elvitegravir + Cobicistate + Emtricitabine + Tenofovir Stribild	Physicians: infectious diseases specialists, internists and paediatricians who follow HIV-infected patients, and hospital paediatrics department directors.	Recommendations on kidney and bone risk management 30-01-2018
Golimumab Simponi	Physicians: rheumatologists, gastroenterologists and internists.	Safety information for prescribers 30-01-2018
Infliximab Remicade	Physicians: in neonatology and obstetrics departments.	Safety information
	Physicians: potential prescribers (rheumatology, gastroenterology and paediatric gastroenterology), neonatology and obstetrics departments.	Safety information Stickers: for the Pregnancy Booklet and for the Baby's Vaccine Record Booklet 30-01-2018
Nivolumab Opdivo	Physicians: pneumologists, dermatologists, urologists, haematologists, oncologists and internists.	Adverse immune reaction control guide
	Patients	Alert card (to be handed out by the doctor or by the hospital pharmacy) 03/01/2018

Communications to Healthcare Professionals published on the Infarmed [webpage](#)

Click on the links.



INN Medicinal product	Target	Communication Online publication date
Gadolinium-containing contrast agents: Gadobenic acid Multihance Gadopentetic acid Magnevist Gadoteric acid Dotarem Gadoxetic acid Primovist Gadobutrol Gadovist Gadodiamide Omniscan Other (not available in Portugal)	Pharmacists: in charge of pharmaceutical services in hospitals with a radiology department. Physicians: imaging specialists. Other: Portuguese Radiology and Nuclear Medicine Society, General Medical Association, professionals in charge of procurement for hospitals or other centres with a radiology department.	Updated recommendations following analysis on gadolinium retention in the brain and other tissues 15-01-2018
Products containing Mycophenolate Mofetil or Mycophenolic acid: Ácido Micofenólico Accord Ácido Micofenólico Teva CellCept Micofenolato de Mofetil Accord Micofenolato de Mofetil Aristo Micofenolato de Mofetil Aurovitas Micofenolato de Mofetil Generis Myfenax Myfortic Mycophenolate Mofetil Teva	Pharmacists: pharmaceutical service directors in all hospitals. Physicians: nephrology, urology, gastroenterology, cardiology, surgery, cardiothoracic surgery, general surgery, haematology, rheumatology, internal medicine, pneumology, neurology and GYN/OBS department and clinical directors, in all hospitals.	Contraception recommendations changed 22-01-2018

Compiled by José Sequeira

What do they mean?



ADR	Adverse Drug Reaction
EMA	European Medicines Agency
MA	Marketing Authorization
PIL	Patient Information Leaflet
PRAC	Pharmacovigilance Risk Assessment Committee (EMA)
SmPC	Summary of Product Characteristics