Biography



Carlos Lima Alves

Specialist in Infectious Diseases (2004) and Intensive Care Medicine (2010)

Competence in Infection Control and Antibiotic Stewardship (2025)

Coordinator of the Infection Prevention and Control and Antimicrobial Resistance Unit at São João Hospital Centre

Assistant of Infectious Diseases at the Faculty of Medicine of the University of Porto

President of the National Pharmacy and Therapeutics Commission

Carlos Lima Alves holds a degree in Medicine from the Faculty of Medicine of the University of Porto (1995), and is a specialist in Infectious Diseases (2004) and Intensive Care Medicine (2010), and competence in Infection Control and Antibiotic Stewardship (2025) recognised by the Portuguese Medical Association. His clinical, academic and institutional work focuses on strategic areas of the health system, particularly infection prevention and control, antimicrobial stewardship, and medicines regulation.

He began his career as a Hospital Assistant in Infectious Diseases at Joaquim Urbano Hospital in Porto (2004–2005), before moving in 2005 to the Infectious Diseases Department of São João University Hospital Centre (CHUSJ). Since 2014, he has coordinated the CHUSJ's Unit for the Prevention and Control of Infection and Antimicrobial Resistance. That same year, he also joined the institution's Pharmacy and Therapeutics Committee, which he chaired from 2016 to 2018, and served as Deputy Clinical Director of CHUSJ from 2016 to 2019.

At the national level, he has been a member of the National Pharmacy and Therapeutics Committee since 2016, becoming its chair in 2017. He also serves as an expert member of the Health Technology Assessment Committee (CATS) since 2017 and the Medicines Assessment Committee (CAM) since 2021, both within Infarmed. He was also an adviser to the Directorate-General of Health in the field of infectious diseases from 2013 to 2022.

In academia, he was responsible for the subjects of General Pathology and Neuroanatomy/Neurophysiology on the Speech Therapy course at the Porto School of Health Technology (1995–1999), and has been an Assistant in Clinical Infectious Diseases at the Faculty of Medicine of the University of Porto (FMUP) since 2001.

With a career strongly focused on continuous professional development, he has completed a number of renowned national and international training programmes, including: *Infectious Diseases of Adults* (Harvard Medical School, 2002), the *Epidemiological Research and Statistical Data Analysis* course (FMUP, 2003), post-graduation in Public Health (FMUP) (2004), *Advanced Trauma Life Support (ATLS)* (American College of Surgeons / Portuguese Society of Surgery, 2008), the *Advanced HIV Course* of the European AIDS Clinical Society (Montpellier, France, 2009), the *Science of Improvement* course by the Institute for Healthcare Improvement (2017–2018), and the *Clinical Directors Governance and Management* programme by the Nova School of Business and Economics (2018).